

Personally data

Family name: Gadheldam

Name: Afaf

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Place of residence: Netherlands / Groningen

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Birth date: 03 November 1975

Birth place: Khartoum \ Sudan

Nationality: Dutch / Sudanese

Status: Married

Languages: Arabic, English, German and Nederlands

Personal characteristics:

- Reliable, engaged and strong social skills
- Flexible
- Practical
- Quality and result oriented working attitude

Work experience

2007

Cultuurpoli Clinic, Lentis, Winschoten & Centrum Klinische Psychotherapie CKP, Lentis, Groningen – Netherlands

Function: GZ Psychologist (Mental Health Care Psychologist)

Tasks:

- Initial interviews, psychodiagnoses and indication interview.
- Make and write treatment plan and report.
- Treat the psychological and personality disorders.
- Cognitive, behaviour, support and counselling therapy.
- Give consultation and recommendation advise.
- Assistant for stabilisation group: topic to present.
- Participate at the group information, consultation agencies, meetings and interviews.

Hanze Hogeschool, Academy of Social and Psychological Studies – Groningen, Netherlands.

Function: Assistant Professor “Co-operate”

Tasks:

- Give lectures (Developmental psychology & schools of psychology)
- Supervise and accompany students during workgroups
- Supervise researches of SPH & MWD students

2004- 2006

University of Khartoum, Faculty of Education, Department of Educational Psycholog and Special Education, Khartoum, Sudan.

Function:

Assistant Professor and Head Department of Educational Psychology & Special Education.

Tasks:

- Organise and manage the department.
- Plan, follow and evaluate the curriculum.
- Supervise researches for postgraduate student.
- Coordinate and evaluate research proposal for PhD students.
- Coordinate and evaluate researches for final students.
- Organise workshops and training for lecturers, assistants and specialists in the field of educational psychology and special education.
- Head of the academic committee for conducting a separate department of special education in the Faculty of Education.
- Represent the department of Educational Psychology and Special Education in the faculty Council.
- Member of the Khartoum University Council.
- Give lectures.

Developmental Psychology, Psychology of Reading and Speaking, Mental Health and Special Education.

University of El Nilean, Department of Psychology, Division: Special Education for Postgraduate Students, Khartoum, Sudan.

Function:

Assistant Professor "Co-operate".

Tasks:

- Give lectures.

Handicapped Psychology, Mental Disabilities, Special Teaching Methods and Research Methods in Psychology.

- Supervise researches in the field of mental disabilities (MA students).
- Supervise and coordinate students during the practical work in institutes for children with mental disability.

2001-2003

Carl von Ossietzky, University of Oldenburg, Institute of Human and Social Science, Faculty of Psychology, Department of Mental Health and Clinical Psychology, Germany.

Function: Assistant Professor.

Tasks:

- Give lectures.

Across cultural Psychology, and Spiritual Psychotherapy (an alternative psychotherapy) .

- Supervise and evaluate seminars in the field of across cultural psychology & Spiritual Psychotherapy.

- Accompany the graduate students at researches.

- Scientific assistant to the project Transpersonal psychology.

- Process and analyse questionnaires, writing the reports.

1999-2003

C.v.O. University of Oldenburg, Institute of Human and Social Science, Faculty of Psychology, Department of Mental Health and Clinical Psychology, Germany. PhD research.

1996-1999

University of Khartoum, Faculty of Education, Department of Educational Psychology and Special Education, Khartoum, Sudan.

Function: Lecturer.

Tasks:

- Provide and give lectures to graduate students on:

- Developmental Psychology.
- Educational Psychology.
- Abnormal Psychology.
- Psychology of Handicapped.

1997

Action on Disability and Development (ADD), Sudan programme- Khartoum.

Function: Consultant in the field of children with special needs, mainly the mentally retarded children and adult

Tasks:

- Plan different projects concerning people with special needs.
- Design training programmes and provide information, advice and awareness to employees concerning the projects.
- Monitor implementation.
- Evaluate and write the end report of projects.

1995-1997

Modern Child Centre (MCC), Centre for Care, Rehabilitation and Development of Skills for Mental Disabled Children at Khartoum, Sudan.

Function: Psychologist and Programme Manager.

Tasks:

- Assess and test the IQ of the children and the child development.
- Conduct and establish individual education programmes for children and their parents.
- Follow up children with mental disabilities / autistic in schools and participate at consultation meetings.
- Carry out skills training for children.
- Organise and implement courses and training for parents, specialists and professionals in this field.
- Organise and implement awareness sessions in communities (CBR).

1994-1995

Modern Child Centre (MCC) at Khartoum, Sudan.

Founder of this institute for Care, Rehabilitation and Development of Skills for Mental Disabled Children. (the first institute applied the policy and the methods of integrate mental disabled children with normal one in Sudan).

Save the Children Sweden, Sudan programme, Khartoum.

“Basma National Society” for Speech and Motor Development of Children with Special Needs.

Function: Psychologist and Academic Programme Manager

Tasks:

- Interview, assessment of skills and test the IQ of children.
- Conduct individual and group education programmes for children.
- Carry out motor skills training, general daily life activities and treat the psychological problems.
- Refer children to other specialists.
- Give consultation advice and train parents concerning the development, care and education of their disabled child.
- Participate in the CBR program and the early intervention program.

1992-1993

Ministry of Interior, Commission for Refugees at Sudan UNHCR.

Function: Psychosocial worker for 3 camps of refugees.

Tasks:

- Interview and psychosocial assessment.
- Accompany and support refugees in their daily activities.
- Develop supervision plans for children and their parents.
- Follow up for children in schools.
- Treat psychological and psychosocial problems.
- Give consultation and recommendation advice.
- Contact with supporter and other specialists.
- Write reports.

1991-1993

Khartoum Teaching Hospital, Psychiatric Department, Sudan.

Function: Psychologist

Tasks:

- Interview, assess and diagnose cases.
- Write report and treatment plan.
- Treat the psychological disorders.
- Give consultation and recommendation advise.
- Refer cases to specialists.
- Follow up for patients.
- Participate at consultation meetings.

Courses, Trainings

2007 Supervise a training of trainers in the field of Mental Disability and Autistic. Ministry of Education & Modern Child Centre, Khartoum Sudan.

2006 -Integration and Settlement Course “Inburgeringscursus” at Noorderpoortcollege, Groningen, Netherlands

-state-examination 2 “Staatexamen 2” for Nederlands language.

2005 Digital Skills Course (Word, Window, Power Point, Excel, Internet and E.mail) at the sector education of the Noorderpoortcollege, Groningen, Netherlands.

2004 -Symposium “Education of Children with Special Needs”, Opening the symposium and participate with a paper about The Difficulties of Reading and Speaking at Children with Special Needs, Ministry of Health / Education, Khartoum, Sudan.

- The International Conference of Rehab “Children with Special Needs, United Arab Emirates, Dubai.

2003 Workshop “Transpersonal Studies (TPS)”, Department of Psychology- C.v.O. University Oldenburg, Germany.

1999 Training at the “Lebens Centre” centre for children and adult with special needs. Leer, Germany.

1996 -Workshop “Rights of the Disabled Child” Ministry of Health Khartoum, Sudan.

-Placement / orientation training in all therapy departments in St Giles Medical Rehabilitation Centre for handicapped, Harare, Zimbabwe.

Workshops and training with mental disabled and autistic children. Harare Central Hospital, Children’s Rehabilitation Unit. Harare, Zimbabwe.

1995 Course and training “Difficulties of Speech at Children with Mental Disabilities”, Save the Children Sweden, Sudan program, Khartoum.

Workshop “Communication and Intellectual Development of Mentally Disabled Children “Save the Children Sweden”, Khartoum, Sudan.

“Transdisciplinary Research Proposal development workshop”, with personal contribution concerning The Psychological Problems of Female Circumcision. Social Science and Medical Africa Network, Nairobi, Kenya.

1994 “Training of trainers” for setting up small projects for income generating activities for women.

Australian Community Help Organisation, Khartoum, Sudan.

Course and training in” Mental Disabilities”, SETI Centre for Studied and Training in Mental Disability, Caritas Egypt.

Course “Project planning and administration”. Sudanese Academy for Administration Science, Khartoum, Sudan.

1993 Course of Assessment, Training and Consultation for Disabled Children. Save the Children U.K., Khartoum, Sudan.

1992 Workshop “ The Project Cycle”, first and second phase. Save the Children U.K., Khartoum, Sudan.

1989 Course “Primary Health”. Sudanese Red Cross, Khartoum,Sudan.

Education

- Doctorate (PhD) in Mental Health & Clinical Psychology University of Oldenburg, Institute of the Human and Social Science – Faculty of Psychology, Department of Mental Health and Clinical Psychology, Germany. 1999-2003
- Master (MA) in Psychology University of Khartoum, Faculty of Arts, Department of Psychology – Khartoum, Sudan 1993-1995
- Bsc (Honours degree) Second class - Division one. University of Khartoum, Faculty of Education, Department of Educational Psychology Sudan1989-1992

Other Activities

- Visitor-speaker for the GZ-Psychologists (postgraduate students), Groningen University, Department of Psychology, Netherlands.
- Present topics and give consultation and advice about children with behavioural and developmental problems, Center of the Circle Program, Sudan Television.
- Organise and implement an awareness symposium concerning the
“The Psychological, Medical and Social Aspects of Female Circumcision”. Project Female Circumcision, Faros Foundation, Netherlands.
- Volunteer worker and member at the executive committee of the Sudanese association in Netherlands.
- Write projects proposal.
- Raise awareness and consultation advice for women concerning child development.
- Organise child activities in the club.
- Provide lectures, workshops and trainings concerning children and adult with special needs.
- Volunteer work at “Nebo” Health-Care Institution for old people with different disabilities, Groningen, Netherlands.
- Member at the council of Bladergroenschool, school for children with ADHD. Groningen, Netherlands.
- Participate in assessment and training of children with behavioural problems and (ADHD), Bladergroenschool, Groningen, Netherlands.
- Design a comprehensive unit for assessing the psycho-motor and speech for children with mental disability, Save the Children Sweden, Sudan programme, Khartoum.

- Participate in different “national and international” conferences.
- Member in different “national and international societies.

Publications

- “The psycho-social adaptation of the Eritrean and the Ethiopian Refugees in the Sudanese environment” Khartoum University, Sudan.1994 .
- “Tendency of patients towards medical treatment and traditional Healing in Sudan”.Oldenburg University, Germany.2003 .
- “Psychological aspects of traditional healing “Zar”. Amsterdam University, Netherlands.2009 .